Worksheet 4. Food groups

Choose two words or phrases from the word pool that belong in each category. Use each word or phrase in the word pool once.

banana broccoli cereal cheese geese Coca Cola® ducks meat nuts peas pineapples potato chips rice yogurt

1. dairy products milk, ice cream, _____________, _____________
2. poultry chickens, turkeys, _____________, _____________
3. grains bread, pasta, _____________, _____________
4. proteins eggs, beans, _____________, _____________
5. vegetables carrots, onions, _____________, _____________
6. fruits oranges, apples, _____________, _____________
7. junk food candy, French fries, _____________, _____________